

Hemorrhoid Treatment



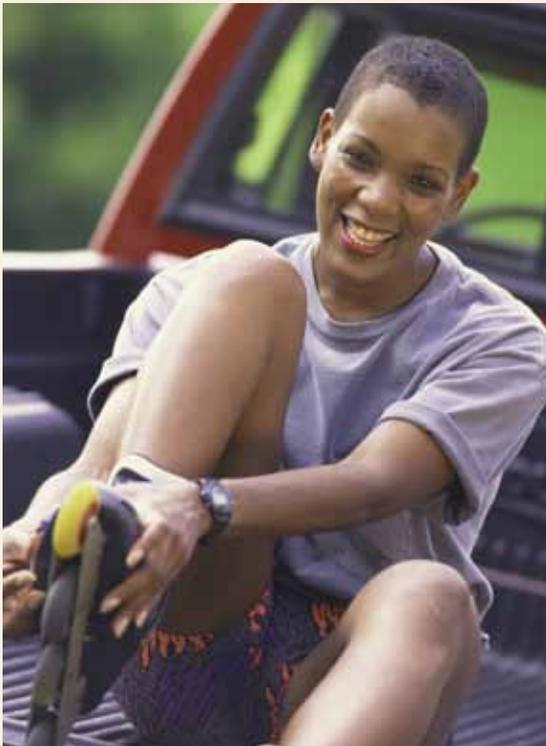
minimally invasive surgical approach

Depending on the severity of your hemorrhoids, Dr. Katz may perform the procedure in the hospital or in his office.

Treatment is also provided for:

- Anal Fissure
- Anal Fistulae
- Anal Warts
- Anal Sphincter Problems and Incontinence

Louisville Colorectal Associates, with Jewish Physician Group, is dedicated entirely to colorectal surgery. Lowell D. Katz, M.D., graduated from the University of Louisville School of Medicine where he also completed his residency in general surgery. He then completed a two-year fellowship in colorectal surgery at Greater Baltimore Medical Center in Baltimore, Maryland. In practice for 31 years, Dr. Katz is Associate Clinical Professor of Surgery at the University of Louisville Medical School and is on the active medical staff of Jewish Hospital & St. Mary's HealthCare.



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Jewish Physician Group

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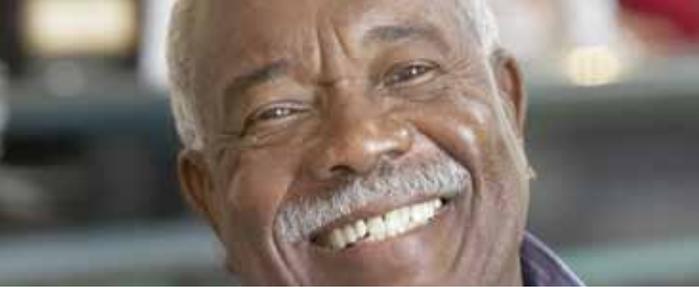
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FAQ'S

Following are some common questions regarding hemorrhoids and their treatment.

Hemorrhoids are not a frequently discussed topic. Most people simply tolerate the problem and are often frightened by the thought of traditional surgery. It is estimated that 50 percent of Americans will, at some point in their lives, suffer from hemorrhoids.

Now you can find relief. Dr. Lowell Katz offers several treatment options including a minimally invasive surgical approach, called THD (Transanal Hemorrhoidal Dearterialization) to treat the source of hemorrhoids. This less traumatic and less painful treatment for hemorrhoids requires no surgical removal of tissue therefore very little to no post-operative pain is associated. THD is offered as an outpatient procedure, getting you back to normal activities quickly (normally within 24-48 hours). Additionally, THD patients may encounter less risk of complications.

Q: What causes Hemorrhoids?

A: Hemorrhoids are often caused by a combination of many things. Uncovered reasons include straining during a bowel movement, frequent constipation (hard or difficult bowel movements), diarrhea (frequent, loose, watery stool), pregnancy, cirrhosis of the liver.

Q: What are the symptoms of hemorrhoids?

A: Multiple symptoms of hemorrhoids may occur. Symptoms can be made worse by straining during constipation and overly aggressive wiping of the anus. The symptoms can be pain and pressure in the anal canal; a grapelike lump on the anus, itching and soreness in and around the anus: and/or blood on underwear, toilet paper, and the surface of the stool or in the toilet bowl.

Q: What is hemorrhoidal prolapse?

A: Prolapse is the enlargement of the hemorrhoidal tissue. When prolapse occurs, the rectal mucosa protrudes outside the anus. At first, prolapse of the rectum may occur only at defecation. Later, it may accompany sneezing and coughing, and may also occur at any exertion. Disturbances of normal continence, mucus, bleeding and impairment of rectal sensation are frequent.

Treatment Options:

- **Rubber band ligation** - A rubber band is tied around the hemorrhoid to cut off the circulation; the hemorrhoid then shrivels and disappears
- **Sclerotherapy** - Injecting a chemical solution into the hemorrhoid to shrink it
- **Infrared coagulation** – Burning the hemorrhoid off
- **Hemorrhoidectomy** – This is a surgical procedure to remove hemorrhoids
- **Transanal Hemorrhoidal Dearterialization or THD**, a less invasive, less traumatic approach to hemorrhoid treatment.
 - Clinically proven, safe & effective, with minimal postoperative pain
 - Procedure performed as outpatient, returning home within hours
 - Back to normal activities faster, often within 24-48 hours
 - THD treats the blood supply to the hemorrhoids without removing any tissue

